



PARK PLACE BEHAVIORAL HEALTH CARE
PSYCHOLOGY INTERNSHIP PROGRAM
2010-2011

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

THE ORGANIZATION

Park Place Behavioral Health Care (PPBHC) is a non-profit community mental health center that has offered comprehensive mental health services to the citizens of Osceola County, Florida for more than twenty years. It is a multidisciplinary organization which operates an adult Psychosocial Rehabilitation program, Partial Hospitalization program, inpatient crisis stabilization unit, children's outpatient clinic, children's outreach services, case management, residential foster care programs and inpatient and outpatient substance abuse programs. We also provide on-site services in a number of community placements such as schools and the therapeutic services for the Department of Juvenile Justice. PPBHC employs a diverse range of professionals representing the fields of psychiatry, nursing, psychology, substance abuse, sociology, and other allied professions. This diversity creates an exciting and challenging workplace with many opportunities for learning.

As the primary mental health service provider within this geographic area, PPBHC offers its interns an opportunity to receive training in a variety of subspecialties and to work with a wide array of clients. Our interns, who function as student-practitioners, are likely to serve the agency in a variety of roles. Such roles may include therapist, consultant, program evaluator, crisis counselor, and supervisor of Masters-level therapists when available.

THE SETTING

PPBHC is located in Kissimmee, Florida approximately 15 miles south of Orlando. Formerly a rural area, Osceola County has undergone a rapid urbanization and expansion stimulated by the tourist trade and emerging industries. Major employers in this area are Disney World, Tupperware, Mercury Marine, and Quaker Oats. Cattle ranching and citrus farming also continue to be cornerstone industries. With a county population that is nearing 250,000 persons, interns are likely to encounter clients with a wide range of incomes, occupations, ethnic origins (it is estimated that approximately half the residents of the county are Hispanic), and types of pathology.

THE INTERNSHIP PROGRAM

The pre-doctoral internship is a 2,000 hour program of training and supervised experience which spans twelve months (52 weeks). The program begins on August 15, 2011.

The program is operated in accordance with the standards of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and the American Psychological Association. The program is not accredited by the APA.

Interns are accorded staff status, with the title "Predoctoral Psychology Intern". They are responsible for adhering to all personnel regulations and policies. In addition, the intern's professional conduct is at all times governed by the APA statement on Ethical Standards for Psychologists, the appropriate Specialty Guidelines for Clinical Practice, and the state of Florida Rules and Statutes.

A certificate of internship completion reflecting the number of hours of training will be presented at the end of the internship year.

INTERNSHIP GOALS

The internship emphasis is on providing a well-rounded experience with exposure to a wide variety of client issues and treatment settings. Intern duties will include delivery of individual, group and family psychotherapy; psychological assessment; intake interviewing, diagnosis, and treatment planning; participation in client follow-up, outcome research, and quality improvement; and other service-related responsibilities. Interns will have the opportunity to work in outpatient clinic, inpatient, residential and foster care placement settings.

In addition to personal goals established in consultation between the intern and supervisor, the following program goals will be emphasized:

1. As well as reviewing and/or developing basic techniques to establish empathy and rapport, the intern will develop a thorough understanding of theoretical models and their application in psychotherapy, education, consultation, and supervision. Interns are required to present cases using a preferred theoretical treatment model during the internship year.
2. The intern will demonstrate the use of this theoretical model in treatment planning and will adapt the model to therapeutic goals and capabilities of the client. An emphasis on evidence based best practice and matching theoretical models and approaches to the client is supported throughout the training year.
3. The intern will learn to integrate research and practice by evaluating the effectiveness of interventions and reviewing research literature regarding intervention application. In terms of treatment effectiveness, progress measures (SUDs ratings, BAI, BDI-II, Achenbach CBCL, etc) will be employed. Research articles are regularly presented by interns and clinical staff during group supervision.
4. The intern will demonstrate proficiency in the administration, scoring, and interpretation of objective, projective, and self-report instruments.
5. The intern will demonstrate proficiency in writing reports that are clear, concise, internally consistent, and provide valuable recommendations that are relevant to the purpose of the evaluation.
6. The intern will develop a sensitivity to the special needs of individuals from different cultural or ethnic groups. As such, an emphasis is also placed on understanding the cultural effects and specific needs of working with generational poverty and populations that have been chronically institutionalized, either within the foster care program or through incarceration. The aforementioned cultural issues are pertinent to the client populations served, in addition to the various ethnic and religious needs of the diverse geographical area that PPBHC serves. The intern will identify personal biases and use this understanding to promote the personal growth of individuals from various ethnic origins.
7. The intern will learn to work as part of a multi-disciplinary team. This is a very important focus of the training.
8. The intern will become knowledgeable about the legal and ethical standards which affect practice in a community mental health setting.
9. The intern will keep a weekly log of clinical and training activities for their own documentation of training and also submit a copy weekly to their clinical supervisor.
10. The Internship consists of approximately 16 hours per week of adult, child, adolescent, or group psychotherapy in addition to approximately 16 hours per week in one of the other rotations. These rotations are for 4 months and consist of 16 per week on several of the following programs: Adult and Children Crisis Stabilization Unit, Outpatient Access Center, Substance Abuse Residential, Adult Partial Hospitalization, Adult Psychosocial Rehabilitation and Sunnyside Village. Also, 4 hours approximately per week will be devoted to Psychological Testing in order to provide training in assessment, diagnosis, and crisis intervention. The rotations begin on August 2010, January and April 2011 with two interns assigned to each rotation, one during morning hours and the other during afternoon hours.

INTERNSHIP STRUCTURE

Interns will receive experience and training in the following areas:

1. Children’s Outpatient —The Children’s Center offers a wide spectrum of outpatient services including individual, family, group, and play therapy. Psychological and psychiatric assessment is also available.
2. Adult Mental Health – This program provides individual and group psychotherapy for the general adult population dwelling in the community. Because it is assumed that the majority of these individuals will be gainfully employed, afternoon and evening hours are offered.
3. Substance Abuse Services—This program offers an array of services, including a 28 day inpatient program, a long term residential program and a number of outpatient services tailored to the clients’ needs. Individual and group therapy as well as psychological assessments are provided.
4. Inpatient Crisis Stabilization Unit—This facility provides short-term psychiatric stabilization to children and adult residents of Osceola County. The point of entry for these clients is the Inpatient Access Center. As a public receiving facility, services are available 24 hours a day, 7 days a week. The purpose of the facility is to stabilize and redirect clients to the most appropriate and least restrictive treatment consistent with their needs. In the past, brief family therapy, psycho-education, and discharge planning have been the major service emphasis.
5. Sunnyside Village – This Campus includes several residential youth programs. These programs include: the Emergency Shelter and the Residential Group Care. Each intern during this rotation will have the opportunity to conduct psychotherapy and psycho-educational groups, individual therapy, and participate in multidisciplinary team meeting.
6. Outpatient Access Center — The Access Center provides intake assessments/evaluations for our outpatient programs and intakes for adults and children. Clients are assessed and linked to needed treatment and community resources.
7. Adult Partial Hospitalization— An intensive treatment program developed as an alternative to inpatient program. This is a short-term outpatient program that provides support and treatment for adults facing mental health and/or substance abuse problems.
8. Adult Psychosocial Rehabilitation— This recovery based program for adults with severe and persistent mental illness provides a structure environment to promote their reintegration into community life. This a 4 hour long program where the client is provided with individual and group therapy to help develop independent living and social skills.

A typical weekly schedule will consist of time devoted to 1 or more of the above programs. Interns will also have time to devote to long term individual psychotherapy clients who will be seen for the majority of the year. These clients may come from any of the intern’s prior rotations, or may be assigned at the beginning of the year. PPBHC will make every attempt to balance the preferences and training needs of the interns with the service goals of the agency. However, it is expected that interns fully understand that they may be asked to perform some services or spend time working in some programs that may not represent their personal training preferences.

SUPERVISION AND TRAINING

Interns receive two hours of individual, face-to-face supervision per week at a ratio of no less than 1-hour of supervision for every 20 internship hours with the Director of Internship Training, a doctoral-level

licensed psychologist and/or the Psychology Internship Clinical Supervisor, who is also a doctoral level licensed psychologist. In addition, the intern will receive 2 additional hours of group supervision and didactics in a group setting with the other predoctoral interns and one of the doctoral level licensed clinical psychologists. Within this group setting an hour is typically devoted to didactic instruction and/or presentations and addressing clinical issues. Thus, in addition to two hours of individual supervision, interns receive two hours of group time devoted to issues pertinent to the practice of psychology.

The Internship Training Director is responsible for guiding the overall development of the intern by focusing on professional, ethical, and personal issues that are pertinent to their clinical performance and professional development. Supervision is intended to help the intern integrate knowledge and skills with personal values and goals. An important role of the Internship Clinical Supervisor and Training Director is to foster stability across the internship experience and to help the intern develop the skills and personal maturity necessary for entry-level practice. They are also responsible for working with the intern to establish training goals that are consistent with the mission and resources of the agency and the interests and needs of the intern. They are also the primary link between the internship experience and the intern's academic program. Both the Training Director and Internship Clinical Supervisor are doctoral level Florida licensed clinical psychologists and act as the primary supervisors for clinical activities, including case conceptualization, diagnosis, treatment planning, and intervention. Finally, the Training Director is responsible for coordinating on-site supervision at each clinical rotation site. Interns currently provide most services at the main service site. However, interns are also providing off site services at our Substance Abuse residential program and at the Sunnyside Village. The Clinical Director for Sunnyside Village is another doctoral level clinical psychologist licensed by the state of Florida.

The didactic time typically consists of educational and professional presentations provided by the interns, agency staff, and guest speakers from the community. The presentations are typically case conferences, discussions of treatment protocols for specific disorders, or other types of experiential or learning activities. Interns are required to provide at least two group presentations. In the past several years, we have had presenters speak about diverse topics such as working with HIV clients, case management issues with Alzheimer's patients, efficacy of stimulant medications for ADHD, domestic violence prevention and treatment, and ethnic/racial diversity. Interns are invited to suggest training topics and every effort will be made to comply with such requests.

Formal intern evaluations are completed both mid and end of the internship year, along with an evaluations required by the intern's academic institution by the Clinical Director and/or the Internship Clinical Supervisor. Rotation supervisors are asked for their feedback and this is included in the evaluation. These evaluations are discussed with the intern and copies are provided to the intern and to their internship training director. Some graduate programs request quarterly evaluations, which are completed as requested. In addition, following the completion of the end of year evaluation, the intern is given the opportunity to complete an anonymous evaluation of their internship experience, including training, supervision and the overall experience within the community mental center and off site programs.

In order to address concerns regarding the performance of interns, guidelines have been developed. The Internship Due Process Guidelines are attached to this brochure. The attached Due Process Guidelines are discussed and given to the intern during the orientation at the beginning of the internship year. In addition, the intern will sign an acknowledgement that he/she received the Internship Due Process Guidelines and the process was discussed.

TRAINING RESOURCES

PPBHC has a wide range of training resources that are available to meet the needs of interns. We currently have a wealth of printed educational information and video tapes pertinent to the various populations that we treat. In addition to their personal offices, the interns have an office that is dedicated to scoring, administrating and storing psychological assessment instruments, a library of clinical resources, therapeutic games and materials for play therapy. Clerical staff assists with scheduling and billing, and also provide other support functions. Interns have voice-mail, internet and e-mail services at their disposition.

TRAINING STAFF 2010-20011

Susanne B. Parladé, Psy.D. Licensed Psychologist – Clinical Director for Adult Services/
Director of Internship Training

Steven Speiser, M.D., Psychiatrist – Medical Director

Garrett Griffin, Psy.D.- Licensed Psychologist –Clinical Director for Children’s Services

Lesley Hulett-Johnson, Psy.D.- Licensed Psychologist - Psychology Intern Clinical Supervisor

Kevin Gowder, M.A., LMHC – Director of Access Center

Jean Cameron, RN, CAP – Director of Nursing, Substance Abuse and

Melanie Dunbar, BNS – Director of Crisis Stabilization Unit

INTERNSHIP ELIGIBILITY

1. Three years or more of pre-internship training in a regionally or nationally accredited doctoral program in psychology.
2. Completion of at least 1,000 practicum hours.
3. Advancement to candidacy for doctoral degree (i.e., completion of Comprehensive exams, completion of all doctoral program course requirements).

STIPEND AND BENEFITS

- \$16,000 annual stipend, paid bi-weekly
- 20 days off (total includes Federal holidays, vacation, and sick leave)
- Eligible to purchase health/dental insurance at regular rates after 90 days employment

INSTRUCTIONS FOR INTERNSHIP APPLICATION

- Complete application from APPIC website (www.appic.org) using the new **AAPI Online application**.
- All application materials must be submitted by applicants through the AAPI Online service
- Complete application agreement form to be eligible for National Matching Service (www.natmatch.com/psychint).

SUPPLEMENTAL MATERIALS

- Have three letters of reference submitted by persons familiar with your clinical work.
- Submit at least one typed example of a full psychological evaluation that you have completed (delete any identifying information).

APPLICATION DEADLINE

Application dateline is December 1st, 2010.

Susanne B. Parladé, Psy.D.
Clinical Director for Adult Services/
Director of Internship Training
206 Park Place Blvd.
Kissimmee, FL 34741
susannep@ppbh.org

